

Developing the Magickal Persona

Robin Fennelly, HPs, ASW

www.robinfennelly.com



The vibrancy and effect of the energy we give off in both a mundane and magickal setting is something that is cultivated by the blending of the mundane and spiritual selves. This awakening of what is often termed as our “Magickal Self” is not something that solely hinges upon and only comes into being as an after-effect of initiatory experience, or in the space of ritual. This persona is what we aspire towards developing in a way that the product of such work is seamlessly interwoven into all of our interactions within the physical and spiritual worlds.

Who and What is The Magickal Persona/Self?

The Magickal Persona is formed and created through the individual’s experience, innate talents and practice, practice, practice. It is the product of your consciousness, personality and the physical you that arises when they are transformed and expressed as a higher rate of vibration that will more closely match the rhythms of the other worlds you are transiting. This is the disciplined and experienced you that with steady and consistent progress along your Spiritual Path expands to encompass more of the knowledge and experience you have gained. This information is then reflected back through the persona and energy of your Magickal Self so that it may be recognizable and useable in your magickal workings; and thus, will permeate and ultimately effect your mundane workings as well.

Persona - Definition of:

1. *the way you behave, talk, etc., with other people that causes them to see you as a particular kind of person*
2. *the image or personality that a person presents to other people*

An Interface

- A point of transition from the Mundane World to the Spiritual Realms
- The self aligned with the SELF

Soul Enlivened Life Force - The **SELF** that is in alignment with Higher working.

Sacred Energetic Localized Focus - The **self**; our everyday experience of physical interaction that serves as the foundation from which the SELF emerges.

The Form It Takes

- Created by the individual’s experience, innate talents and spiritual practice
- Responds and re-acts to the energetic changes of experience
- Physical Likeness (amplified by more refined matter)
- Geometric form (patterns of light and color)

The Parts of Self are the Building Blocks and the Vessels

Integration and Communication

A core component of the process of creating a Magickal Self is integration and communication between all the levels of our consciousness. These parts act individually but are also interdependent upon one another to achieve a balance and bring the body into a place of Self-hood or wholeness.

Lower/Physical Self**Foundation****I Have**

- Our primal instinctual nature
- The physical body we inhabit
- The conscious self
- Responds and reacts to stimuli in the physical world through our senses and tactile abilities
- Obeys the laws of time and space

Middle/Emotional Self**Aspiration****I Want (to Become)**

- The space of dreams and aspirations
- Our emotions
- The subconscious mind
- The first place of desire and the catalyst that yearns to Become more than we are and can experience in the physical self
- Enlivens and creates connection to what we have acquired in the Lower Self

Higher/Mental SELF**Gnosis****I Will Become**

- The (super) Higher consciousness
- The Will to create, to manifest and to exist
- Is not confined by the bounds of linear time and space
- Has developed a state of “Awareness” and from that awareness evolves the Higher Will

The Spiritual SELF**The Divine Spark****I AM**

- In continued contact and communication with the impulse of the Divine
- Form and Formlessness
- Union and synthesis

The Awakening

The Awakening of this Persona takes form in all acts of devotion and magickal working; eventually and seamlessly interweaving the by-products of their magick into your mundane expression.

Calling Forth the Magickal Persona

The subconscious generates the desire to shape and form the appropriate interface that will allow movement within and access to the higher planes. The conscious self, having been stimulated by the subconscious begins the work of creating the shape and image that magickal form will take.

The robe slips easily over my shoulders
And drapes my body in magick.

The amulet rests at the space of voice
Just below my upturned head.

I balance all parts of my self
And allow the mysteries
Of true Magick to flow.

I speak the name of power
And step through the Gates
of my own Destiny.

Preparing the Sacred Space Within

As the conscious self seeks contact with the Higher Consciousness (Higher Mental) this form begins to interact with the energies and planes that are being accessed in sacred space.

- Action and intent begins with putting on your ritual grab, a sacred amulet or ring
- Intensifies and builds in substance as you enter sacred space
- Changes its vibration and intensity in resonance with the dynamics of the space created

Practical Work: A synthesis of YOU- spiritual and mundane

- **Meditation** teaches you to relax and quiet your physical being and your mind.
- **Breathing Exercises** offer the gift of manifest expansion and contraction and the fine tuning of how you move energy through your body(ies).
- **Eating well and regular exercise** sends the message to your physical self that you honor your body as a manifest and spiritual vessel.
- **Pausing** before speaking and truly listening to what is being said, opens you to receptivity and the opportunity to expand your awareness of the conversations held at all levels.
- **Journaling** your experience provides record of what works, what does not and your personal growth.
- **Building your Internal Library** of archetypes, symbols, multi-path technique and protocol as useable points of reference.

The Butterfly Emerges

As we develop our magickal self the physical being becomes something like a cocoon. Time passes and the affects of weather and all manner of outer influence go unnoticed by what is being transmuted within.

Eventually, and at just the precise moment in time there is movement within the cocoon and from Its purposeful intent the “lightness and grace” of an ephemeral butterfly (or the Magickal SELF) emerges. This is a completely different form from its original, and now has the ability to access a different set of skills that will aid in understanding the natural workings of the worlds it will travel. All aspects of this newly birthed life is now different because it has been transformed from that of its former state as a caterpillar.

It is through a similar state of metamorphosis that each time the call to the Magickal SELF is issued the Persona of that synthesis of all that we are as manifest and spiritual expression arises within this potential for a more enlivened and refined state of being. And, as we move through these new worlds, we Become as the butterfly, transformed and empowered to soar towards our Divine nature.

Resources:

Course Work: *A Year and A Day on the Wiccan Path*
A Witch's Sacred Journey Blog
www.awitchssacredjourney.com

Energetic Anatomy: *The Sacred Vessel Mysteries*
www.sacredvesselmysteries.com